

**Abstract of the Disclosure**

**[0047]** A composition and method for treating periodontal infections and gingivitis includes an extract of *Centipeda cunninghami*, coenzyme Q10, aloe vera and folic acid. The composition also contains additional plant extracts and nutrients that are effective in cell reproduction, wound healing and provide antibacterial and anti-inflammatory effects. The composition is applied to the teeth and gums to inhibit bacterial growth and reduce inflammation of the gums.